



# ILC Training – 2010 Calendar

All Courses held at 1 Fennell Street, Parramatta

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**Full Day: 9 – 4:30pm**

**Half Day: 9 – 12:30pm**

## Introduction to Dementia Technology for Carers

In early and mid stages of dementia there are many strategies and assistive technologies that can enhance a person's independence. This course will highlight strategies for:

- Orientation
- Movement Detection
- Medication management
- Safety

Half Day: 16<sup>th</sup> September 2010 Fee: \$135.00\*

## Household Seating

This half-day course covers all aspects of seating in the home environment, including lounge chairs, dining chairs, the home office and commercially available supports.

Topics covered include:

- Biomechanics of seating
- Common seating issues
- Features of household seating
- Commercially available supports

Half Day: 13<sup>th</sup> September 2010 Fee: 135.00\*

## Getting a Grip on Grab Rails

Discover the different features, uses and applications of rails. Gain an introduction to the relevant regulations and an overview of the implications of different attachment surfaces. The focus is on product comparison, practical application, and applying clinical reasoning to grab rail selection and assessment. Rails from various suppliers will be available for trial.

Half Day: 25<sup>th</sup> August 2010 Fee: \$135.00\*

## Mobility Aids

This half-day course provides an overview of mobility aids for the ambulant. This course takes the guesswork out of prescribing, adjusting, or progressing clients mobility aids.

- How to measure and use crutches and walking sticks and frames.
- The type of walking frames and their applications
- When to change mobility aids.

Half Day: 22<sup>nd</sup> September 2010 Fee: \$135.00\*

## Manual Wheelchair Prescription

Designed to assist with selection and prescription of basic manual wheelchairs to match individual clients.

Topics include:

- Measuring a client for a manual wheelchair
- Clinical reasoning in wheelchair assessment
- Product knowledge and wheelchair feature update
- Transportation and handling of wheelchairs
- Environmental considerations and constraints

Full Day: 14<sup>th</sup> October 2010 Fee: \$220.00\*

## Easing the Pressure

Introduces the features and properties of pressure cushions to assist with product selection for clients at risk of pressure sore development.

- identifying pressure sore risks
- pressure sore management methods
- cushion features and properties
- clinical reasoning for cushion selection

Full Day: 21<sup>st</sup> October 2010 Fee: \$220.00\*

## Continance Management

This half-day workshop covers the assistive technology options available to manage urinary and faecal incontinence and enuresis for both individuals and their carers.

Topics covered include:

- Strategies and equipment for managing incontinence
- Mattress and bedding protection
- Alarms for continence training
- Collection devices
- Managing skin care
- Information sources.

Half Day: 17<sup>th</sup> November 2010 Fee: \$135.00\*

## Dementia Technology

In early and mid stages of dementia there are many strategies and assistive technologies that can enhance a person's independence. This introductory course will highlight strategies and assistive technology for:

- Orientation
- Movement Detection
- Medication management
- Safety

Half Day: 4<sup>th</sup> November 2010 Fee: \$135.00\*

## Living Easier

This course is a half-day confidence booster for those Occupational Therapists who are providing skills training in this area and are wondering if there is more.

This course covers:

- Energy conservation techniques
- Modifications for different disabilities
- An overview of assistive technology and how it can be used in concert with alternative techniques.

Half Day: 15<sup>th</sup> November Fee: \$135.00\*

## Fall Prevention and Home Assessment

This full day course covers some strategies and technology for fall prevention management. The Home Assessment component reviews the main principals of home assessment, hazard identification and resolution through assistive technology, alternative techniques and home modification.

This course covers:

- Fall-risk screening
- Fall-risk assessment
- Fall-prevention intervention
- Review of mobility aids
- Home assessment to identify and reduce slips, trips and falls hazards

Full Day: 1<sup>st</sup> December 2010 Fee: \$220.00\*

## Manual handling for Carers

This is a half-day course that introduces carers' awareness and knowledge of manual handling principles

- Definition of Manual Handling
- Current Occupational Health and Safety Legislation related to manual handling and injury prevention
- The Risk Assessment Process
- Demonstration and application of body mechanics and the principles of safe and correct lifting
- Principles of moving people
- Correct use of Manual Handling equipment

Half day: 10<sup>th</sup> August 2010 Fee: \$135.00\*

## Accessible Buildings & Environments Course – VETAB Accredited

This training program will provide you with the skills and knowledge to confidently design and build for the older generation and people with a disability.

**Discover** the barriers to access and how to eliminate them. Gain a greater understanding of the access needs of people with a disability and older people and be able to devise compliant solutions to the barriers in the built environment that restrict their daily lives.

**Find** your way through the maze of legislation. Become clearer about the purpose of public policy relating to the design and construction of the built environment for people with disability and older people.

**Recognise** the potential of the emerging ageing baby boomer market and be ahead of competitors on issues of accessibility and adaptable housing.

Day 1 - Understanding disability and the built environment

Day 2 - Assessing construction plans for compliance with disability legislation.

There is a three-week interval to work on a practical project.

Day 3 - Applying Australian building codes to public buildings

Day 4 - Fit-out of and renovations to small scale buildings

Code 10ABEC 13- 14 May and 3-4 June 2010. Location Parramatta, Sydney. (\$1100)

Code 10ABEC 5-6 August and 26<sup>th</sup> –27<sup>th</sup> August Location Parramatta, Sydney. (\$1100)

# ILC Training - Registration Form & Tax Invoice

First name: ..... Last Name: .....  
Address for correspondence: .....  
.....State:..... Post Code: .....  
Organisation: .....  
Telephone: ..... Fax: .....  
E-mail: .....

**FULL DAY TRAINING FEES (9:00 – 4:30): \$220.00** (incl. GST)

\*Early Bird discount (booked/paid 3 weeks before Course commencement):  
\$205.00((incl. GST)

Group/ Organisation discount (5 or more participants): \$195.00(incl. GST)

**HALF-DAY TRAINING FEE (9:00 – 12:30): \$135** (incl. GST)

Early Bird discount (booked/paid 3 weeks before Course commencement):  
\$120.00((incl. GST)

Group/ Organisation discount (5 or more participants): \$115.00 (incl. GST)

**Course Name:**

**Course Date:**

**Fee Payable:**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Total: \$**

**Registration will not be finalised until payment is received. A receipt will be issued.**

Method of payment:  Cheque  Mastercard  Visa  Bankcard

Card No. | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | Exp. Date.....

Cardholder's Name: .....

Amount: \$ .....

Signature: .....

Cheques to be made payable to **Independent Living Centre NSW** and sent to:

No. 1 Fennell Street North Parramatta NSW 2150.

Registration form may be faxed with credit card details to **(02) 9890 0966**

or

Direct deposit \$.....

To Independent Living Centre NSW St George Bank Ltd Account No **4295 40510; BSB 112 879**

**Cancellation and refunds:**

When a cancellation is unavoidable, you can:

- substitute a person in the course at any time
- request a refund up to 7 days prior to the course (less 10% admin fee)
- request a transfer to another course

Your confirmation of registration will be sent 7 days prior to the course. Once your enrolment has been confirmed no refund will be made. However, someone else may still attend in your place or you can transfer to another course (provided places are available)

**Independent Living Centre NSW ABN 44 103 681 572**

*ILC Training is a service of Independent Living Centre NSW, a Registered Training Organisation.  
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